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TEACHING READING STRATEGIES

READING INTERVENTION PROGRAM AGES 8-ADULT

EVIDENCE-BASED LITERACY PROGRAM







featuring the Sam and Friends Phonics Books



Week 1 Sounds	Spellings	Blending Words
Short vowel sounds and consonant sounds	a, m, t, s	New: at, am, Sam, sat, tam, mats, Sam, am, sat, at, mat, sat
	Heart Words	won as in son, ton, from *the item, travel, open
Now you know! The definite article <i>the</i> is often pronounced with a long /e/ for emphasis. Example: She is the best athlete in class.		Sam and Friends Book #1

Now you know! Pronounce the r/r, as in raccoon, with less motor sound than the r/r, as in raccoon, and with no puff of breath.

Short vowel sounds and consonant sounds	i, f, d, r	Review: am, sat New: if, rid, did, dim	
	Heart Words	was as in final, about, banana where as in there, and as compared to error, errand	
		Sam and Friends Book #2	
Short vowel sounds and consonant sounds	o, g[a,o], l, h	Review: rid, if New: hog, gag, log, him	
	Heart Words	*a as in cola, soda, yoga from as in front, won, ton	
Now you know! The inde is often pronounced as lon Example: He took a popsi			
. 11	•	Sam and Enjanda Book #3	

Week 2 Sounds

Spellings

Blending Words

Now you know! The blanks in the spellings show that another spelling or spellings must appear there in the syllable. A syllable is a word part with a vowel.

Short vowel sounds and

u, b, c[a,o,u], ck

Review: hog, log

consonant sounds

g[a,o,u]

New: cub, bug, buck, gab

Heart Words

as in live, active, native give as in do, into, undo to

Sam and Friends Book #4

Short vowel sounds and

e (_ea), k[i,e], v, n, kn_

Review: buck, bug

consonant sounds

New: neck, head, van, kin, Ken,

knack

Heart Words

friend as in ancient, friendly, patient

as in from, front, son

Now you know! Each of the short vowel cards are green. The consonant cards are black.

Sam and Friends Book #5

Now you know! Pronounce the /w/, as in wolf, like the sound of a cell phone vibrating. The /wh/, as in *whale*, produces a breath sound.

Short vowel sounds and

p, w, j, qu_

Review: neck, van

consonant sounds

New: gap, win, quick, jam, pan, wig

Heart Words

as in dove, shove, glove love as in wash, squash, watch want

Week 3 Sounds

Spellings

Blending Words

Now you know! Pronounce the beginning "y" as a /yee/ to blend into the vowel, as in /yee/ /ee/ /ss/ "yes."

The Plurals Spelling Rule: To make most nouns plural, add an "s" to the end. If the ending of the noun is unvoiced, the "s" is pronounced /s/ as in seagull. If the ending of the noun is voiced (makes a motor sound), the "s" is pronounced as /z/ as in zebra. Examples: ships (/s/), beds (/z/)

Short vowel sounds and consonant sounds

y, x, z, s/z/, wr

Review: quack, win, jam, pug

New: yes, yams, box, six, zip, wrap

Heart Words

buy as in guy, guys, buys what as in a, cola, soda

Sam and Friends Book #7

The Double *Ifsz* Spelling Rule: The ending double l, f, s, and z (ll, ff, ss, zz) usually follow short vowels. **Rhyme:** "Double *l*, *f*, *s*, and *z* when after short vowels you see." Let's say it together!

Double Consonant Endings _ll, _ff, _ss, _zz

Review: wreck, fox, yams

New: fill, cuff, mess, buzz, fizz, bass

Heart Words

as compared to many, any, says

giant

hour as in honor, heir, honest

Week 3 Sounds Spellings Blending Words

Now you know! Consonant blends are two or three consonants which blend together, but keep their individual sounds.

New: fund, sand, past, rest, texts,

next

Heart Words ocean as compared to special,

musician, magician

come as in some, and as compared

to done, one

Week 4 Sounds	Spellings	Blending Words
Ending consonant blends	_nt (n't), _lt	Review: end, best, text New: went, can't, melt, hilt
	Heart Words	move as in prove, remove, and as compared to groove could as in should, would, couldn't

Now you know! With consonant blends, the second or third letter pronunciation is softer than the first.

		Sam and Friends Book #10	
Ending consonant blends	_mp, _sk, _lp	Review: went, can't, melt New: limp, lamp, task, disk, help, gulp	
	Heart Words	heard as in earn, earth, learn wolf as in wolves, and as compared to would, should	
		Sam and Friends Book #11	
Ending consonant blends	_ct, _ft, _ld, _sp	Review: lump, task, kelp New: fact, duct, left, raft, held, gasp	
	Heart Words	said as in again, against, unsaid you as in soup, group, wound	
		Sam and Friends Book #12	

Week 5 Sounds

Spellings

Blending Words

Now you know! The consonant digraph, "ch" has two consonants which make one sound. Consonant blends say each individual sound.

Don't use separate Animal Cards to teach these one-sound, two-letter consonant digraphs. They have their own cards. The /ch/ consonant digraph is spelled with two letters, but has one sound.

Ending consonant blends and /ch/ consonant digraph _lk, _ch, _nch, _pt

Review: fact, weld, wisp, soft

New: milk, much, lunch, ranch, kept,

wept

Heart Words

father as in water, want, watch work as in worse, worth, world

Sam and Friends Book #13

Now you know! The "ng" consonant digraph is spelled with two letters, but has one sound.

Short Vowel /o/, /u/ Long Vowel /a/, /e/

Consonant Digraph /ng/

_ong, _onk, _ung, _unk, _ang, _ank, _ing, _ink

Review: elk, such, hunch, kept

New: song, honk, hung, bunk, sang,

tank, wing, pink

Heart Words

some as in come, and as compared

to done, one

money as in honey, son, ton

Sam and Friends Book #14

Now you know! The voiced "th" consonant digraph has a slight /uh/ sound and the voice vibrates inside the mouth.

"th" voiced

consonant digraph

th_

Review: wrong, sink

New: them, that, their, then, this

Heart Words

should as in would, could, shouldn't

as in doesn't, and as does

compared to item, ton

Week 6 Sounds Spellings Blending Words

Now you know! The unvoiced "th" consonant digraph is pronounced solely with air and has no /uh/ sound.

"th" unvoiced th_, _th Review: them, that

consonant digraph New: thin, thank, path, with

Heart Words water as in want, watch, father

they as in hey, grey, fey

Sam and Friends Book #16

"sh" consonant digraph sh Review: thin, moth

New: shut, shin, shop, gosh, mash,

wish

Heart Words clothes as in both, cold, gold

people as in theory, and as

compared to either,

weird

Week 6 Sounds Spellings Blending Words

Review: ship, cash

Now you know! The "_ed" suffix changes a verb to the past tense. The "_ed" is pronounced as t/\sqrt{p} , t/\sqrt{p} ,

Base words ending __shed, _ped, _ked, rush, wish, cash, wished, hushed, in /sh/, /p/, /k/, /x/ + _ed __ssed, _xed, tched helped, picked boxed

Now you know! The "_ed" is pronounced as /d/ following all sounds other than /t/.

Base words ending __bbed, _ffed, _gged, _illed fibbed, cuffed, bagged, filled, in /b/, /f/, /g/, /l/, /m/, /n/, __mmed, _nned, _zed dimmed, conned, missed, buzzed /s/, /d/

The Double the Last Consonant Spelling Rule: Double the last consonant when adding a suffix beginning with a vowel to a base word ending in a vowel, then consonant. **Example:** stop-stopped

With multiple syllables (per/mit), the accent must be on the final syllable (per/mit) to double the consonant (permitted). Play The Double the Last Consonant Rule

Heart Words who as in do, to, into would as in could, should, wouldn't

Week 7 Sounds	Spellings	Blending Words
Consonant digraphs	wh_, ch_, _tch	Review: hushed, bagged New: when, whip, chat, check, hatch, pitch
	Heart Words	talk as in chalk, balk, stalk walk as compared to watt, want, watches
		Sam and Friends Book #19
Introduce beginning conson phoneme.	ant blends with their separate	Animal Cards to emphasize each
Beginning consonant	fl_, sl_, bl_, cl_, gl_, pl_	Review: why, chant, hutch New: flush, slip, black, blabbed, clam, clashed, glen, glass, plunk, plod
	Heart Words	two as in do, to, into wash as in wasp, watch, squash
		Sam and Friends Book #20
Beginning consonant blends	sm_, sn_, sp_, st_, sk_, sc_	Review: flask, slump New: smog, snap, spend, still, skin, scum
	Heart Words	been as compared to dead, lead, head
		have as compared to give, live,

Sam and Friends Book #21

love

Week 8 Sounds	Spellings	Blending Words		
Beginning consonant blends	br_, cr_, dr_, fr_, gr_, pr_	Review: smash, snack New: brim, brink, crab, crust, drip drunk, frost, fresh, grin, print, prop		
	Heart Words	your as in four, pour, course do as in to, undo, into		
		Sam and Friends Book #22		
Beginning consonant blends	shr_, thr_, str_, spr_, scr_	Review: crab, frost New: shrink, thrift, strap, sprung, script		
	Heart Words	don't as in toll, troll, both won't as in sold, mold, told		
		Sam and Friends Book #23		

Closed Syllable Rule: Every syllable must have a vowel. When the vowel is not at the end of a syllable, it has a short sound. **Examples:** (VC) an, (CVC) ban, (CVCC) band, (CCVC) bran, (CCVCC) brand

Beginning consonant blends	sw_, tr_, tw_, spl_, squ_	Review: shrunk, sprint New: swift, trust, twist, splash, squish	
	Heart Words	there are	as in where, and as compared to error, errand as in aren't, and as compared to heart, hearth

Week 9 Sounds Spellings Blending Words

Now you know! The article a is usually pronounced as /uh/ before a common noun beginning with a consonant, but may also be pronounced as long /a/. Examples: a band, a vegetable

Before a common noun beginning with a vowel, the article *an* is used. Both *a* and *an* signal general, not specific nouns.

In contrast, the article *the* signals a specific common noun. In other words, not *a bear* (general) or *an elephant* (general), but *the kangaroo* (specific).

The e in the article the is usually pronounced as /uh/ before a common noun beginning with a consonant, but is pronounced as long /e/ before vowels. **Examples:** the band, the ant

Long vowel sounds and silent final e	a, _ay, a_e, ai_, ei[gh]	Review: swell, squid New: say, chase, rain, eight	
	Heart Words	done as in one, once, none find as in mind, kind, bind	
		Sam and Friends Book #25	
Long vowel sounds and silent final <i>e</i>	e, _ee, ea, _ie_	Review: paid, freight New: she, tree, meat, brief	
	Heart Words	learn as in earn, heard, pearl kind as in find, wind, blind	
		Sam and Friends Book #26	

The "i" before "e" Spelling Rule: Usually spell "i" before "e" (believe), but spell "e" before "i" after a "c" (receive) and when the letters are pronounced as a long /a/ sound (neighbor). Play The "i" before "e" Spelling Rule

Long vowel sounds and silent final e	i, _igh, i_e, _y, _ie	Review: beat, chief New: light, kite, try, pie	
	Heart Words	warm as in war, swarm, warmth were as compared to sure, cure, future	

Week 10 Sounds

Spellings

Blending Words

Open Syllable Rule: When the vowel is at the end of a syllable, it has a long sound. The first syllable in a word with more than one syllable usually ends with a long vowel sound. **Examples:** (CV) be, (CCV) try, pay/ment (CV/CVCC).

Long vowel sounds and silent final e

o, o_e, _oe, oa_, ow

Review: sight, bite, by, lie

New: so, hope, clone, toe, oats, own

V

Heart Words

one as in once, done, none

gone as compared to machine,

marine, magazine

Sam and Friends Book #28

Consonant-Final *e* **Syllable Rule:** Keep the consonant-final "e" and the vowel-consonant before it (VCe) in the same syllable. A one-letter vowel that comes before a single consonant-silent final "e" says the long sound. **Example:** owe

If a vowel team that comes before the single consonant-silent final "e", the vowel team keeps its sound or sounds. **Examples:** house, charge

If there are two consonants in between a one-letter vowel and the silent final "e", the vowel says the short sound. Many of these are foreign words. **Examples:** omelette, giraffe, gazelle, cayenne

Because English does not end words in "v", words ending in the /v/ sound add the silent final "e." **Examples:** give, have, love

Long vowel sounds and mule, silent final *e*

u_e, _ew, _ue

Review: clone, owe, groan, grow **New:** fume, cube, few, chew, cue.

fuel

both

Heart Words

height as in sleight, heightening, and

as compared to heist as in fold, bold, clothes

Week 10 Sounds

Spellings

Blending Words

Now you know! Remember that the "_ed" suffix changes a verb to the past tense. The "_ed" is pronounced as a separate syllable if it follows a /t/ or /d/. **Examples:** dated, waded

Now you know! In a word with more than one syllable, one of the syllables is accented. We often use slashes (/) to divide syllables and an accent mark (á) over the accented vowel. Example: báy/side

Vowel Teams Syllable Rule: Usually keep vowel teams together in the same syllable. A vowel team may be a digraph with two letters making one sound, such as ea" with the long /ē/ sound in bead. A vowel team may also be a diphthong with two letters making two sounds, such as "ow" in howl.

Long Vowel Review

Syllables

a, _ay, a_e, ai_, ei[gh] Review: cube, few, cue

New: raven, delay, lately, rainy,

eighteen

Heart Words

mother as in money, other,

brother

as in ton, and as son

compared to one, done

Week 11 Sounds	Spellings	Blending Words
Long Vowel Review Syllables	e, _ee, ea, [c]ei, _ie_, e_e, _y, _ey	Review: gaining, sleighing New: beneath, received, chiefly, deleted, baby, hockey
	Heart Words	old as in bold, cold, sold busy as in busier, busiest, business

Sam and Friends Book #31

The Final "y" Spelling Rule: Keep the "y" at the end of a root when adding a suffix if the root ends in a vowel, then a "y" (delay-delayed), or if the suffix begins with an "i" (copy-copying). Change the "y" to "i" when adding a suffix if the word ends in a consonant, then a "y" (pretty-prettiest).

Play The Final "y" Spelling Rule

Long Vowel Review Syllables	, — E , — , — , , —	Review: delay, freeway New: tidy, frighten, highly, beside, bypath, untied	
Heart Wo	Heart Words	again	as in <mark>agai</mark> nst, s <mark>ai</mark> d, uns <mark>ai</mark> d
		because	as in pause, clause, and as compared to sauce

Week 11 Sounds

Spellings

Blending Words

The Final "e" Spelling Rule: Drop the "e" at the end of the root if the suffix begins with a vowel (have-having). Keep the "e" if the suffix begins with a consonant (close-closely); if the root has a soft /g/ or /c/ sound, then an "ous" or "able" suffix (gorgeous, peaceable); or if the root ends in "ee", "oe", or "ye" (freedom, shoeing, eyeing).

Play The Final "e" Spelling Rule

Long Vowel Review Syllables

o, o_e, _oe, oa_, ow

Review: biplane, cyclone

New: rosy, hopeful, toenail,

roadway, rowboat

Heart Words

nothing as in other, mother,

brother

against again, said, unsaid

Week 12 Sounds	Spellings	Blending V	Vords
Long Vowel Review Syllables	u, u_e, _ew, _ue	Review: decode, woeful New: unit, dispute, fewest, resc	
	Heart Words	through	as in slough, and as compared to coup, soup
		guess	as in guest, and as compared to league, tongue

The Plurals Spelling Rule: Spell plural nouns with an "s" (dog-dogs), even those that end in "y" (day-days) or those that end in a vowel, then an "o" (video-videos). Spell "es" after the sounds of /s/, /x/, /z/, /ch/, or /sh/ (fox-foxes) or after a consonant, then an "o" (potato-potatoes). Change the "y" to "i" and add "es" when the word ends in a consonant, then a "y" (fairy-fairies). Change the "fe" or "lf" ending to "ves" (life-lives, shelf-shelves).

Play The Plurals Spelling Rule

		Sam and Friends Book #34
<i>r</i> – <i>controlled</i> vowels	ar	Review: utensils, refuel New: carpet, harming, charcoal, farthest, varnish
	Heart Words	many as in as in any, giant, infant live as in give, active, motive
		Sam and Friends Book #35
<i>r</i> – <i>controlled</i> vowels	or, ore	Review: hardness, target New: motor, razor, orbit, more, before
	Heart Words	only as in oh, ohm, old four as in pour, your, course
		Sam and Friends Book #36

Spellings	Blending Words	
er	Review: sorted, store New: her, baker, meter, order	
Heart Words	front as in from, won, son door as in poor, floor, doorbell	
	Sam and Friends Book #37	
ir	Review: sister, border New: first, stirred, twirl, firmly, sk	
Heart Words	thought as in bought, sought, brought	
	enough as in rough, tough, slough	
	er Heart Words ir	

Sam and Friends Book #38

r-controlled Vowels Syllable Rule (VV, VVC or CVV or CVVC or CVVe): Keep the *r*-controlled vowels (ar, er, ir, or, and ur) in the same syllable. **Examples:** ur/gent (VV), art/ful (VVC), chir/ping (CVV), shep/herd (CVVC), pic/ture (CVVe).

<i>r – controlled</i> vowels	ur		firmly, stirring rn, curling, murder, urgent
	Heart Words	pretty	as in prettier, prettiest, college
		carry	as in sc <mark>ar</mark> y, m <mark>ar</mark> ry, Harry

Week 14 Sounds	Spellings	Blending Words	
Diphthongs	_ow, ou_	Review: burn, hurled New: howling, clown, loud, cloud	
	Heart Words	very as in berry, cherry, ferry any as in many, giant, instant	
		Sam and Friends Book #40	
Diphthongs	oo, _ue, _ui, u_e, _ew, u _eu	Review: crowd, pouch New: fooled, blue, fruit, crude, stew, duty, neuter	
	Heart Words	lose as in whose, who, unto guy as in buy, buys, guys	
		Sam and Friends Book #41	
Diphthongs	oo, _u_	Review: moon, due New: foot, wool, good, put, pull, fulfill	
	Heart Words	listen as in glisten, hasten, fasten	
		answer as in sword, two, whom	
		Sam and Friends Book #42	

Week 15 Sounds	Spellings	Blending \	Words
Diphthongs	oi_, _oy	Review: hood, pulled New: void, spoiled, coin, joyful, oyster	
	Heart Words		whose, who, whom rumor, junior, juicy
		Sam and Friends Book #43	
Diphthongs	aw, au, a[1], a[11], augh[t]	Review: oiled, soy New: awful, maul, already, wall, caught	
	Heart Words	whose	as in lose, snooze, choose
		other	as in mother, brother, smother
		Sam and Frie	nds Book #44
Syllable Juncture	g[e,i,y], _ge, _dge	Review: raw, also New: general, giant, ginger, energy, college, badge	
	Heart Words	build though	as in guild, guilt, quilt as in dough, although, thoroughly
		Sam and Frie	ends Book #45

Week 16 Sounds	Spellings	Blending Words	
Syllable Juncture	c[e,i,y], _c, _ck	Review: gem, edge New: census, cider, lacy, basic, homesick	
	Heart Words	above as in love, glove, shove floor as in door, poor, spoor	
		Sam and Friends Book #46	
Syllable Juncture	Short i _y	Review: cent, cinch, cyber, comic New: gym, mystery, myth, oxygen	
	Heart Words	tough as in rough, enough, slough world as in work, worse, word	
		Sam and Friends Book #47	

Consonant-le Syllable Rule: Keep the consonant-"le" sounds (ble, cle, dle, fle, gle, and ple) in the same syllable. These syllables have the schwa sound between the consonant and the "le". In the consonant-"l"-"e" suffix spelling pattern, the soft "uh" schwa sound slides into the /l/ to form an unaccented /ul/ sound. The /ul/ sound can be spelled as _ble, _cle, _dle, _fle, _gle, _ple, _sle, and _tle in short vowel—consonant—le spellings (bubble, paddle).

Syllable Juncture	_le	Review: gym, lyric
		New: title, uncle, purple, table, rifle, circle, puzzle
	Heart Words	prove as in move, remove, groove rough as in tough, enough, slough
		Sam and Friends Book #48

Week 17 Sounds

Spellings

Blending Words

The Schwa Syllable Rule: Unaccented vowel sounds frequently have the *schwa* sound, especially when there is only one letter in the syllable. All vowels can have the schwa sound. The schwa sound has an /uh/ sound and can be short or long.

Examples: Short Schwa—gallon, servant, pencil, item Long Schwa—banana, about, enemy, incredible

Syllable Juncture Schwa a, _ai_ Review: puddle, gurgle, hassle,

crackle

New: about, against, cola, certain,

bargain, mountain

Heart Words laugh as in aunt, auntie, laughter

eye as in bye, stye, eyed

Sam and Friends Book #49

Syllable Juncture Schwa e Review: along, curtain

New: open, item, travel, mitten,

helmet

Heart Words doubt as in numb, lamb, debt

half as in calf, calves, salmon

Week 17 Sounds

Spellings

Blending Words

The "able" or "ible" Spelling Rule: End a word with "able" if the root before has a hard /c/ or /g/ sound (despicable, navigable), after a base word (**teachable**), or after a consonant-final "e" (li**keable**). End a word with "ible" if the root has a soft /c/ or /g/ sound (reducible, legible), after an "ss" (admissible), or after a stem (audible). **Play The "able" or "ible" Spelling Rule**

Syllable Juncture Schwa i Review: kitten, gavel

New: pencil, animal, president,

citizen, decimal

Heart Words break as in great, steak, greatest

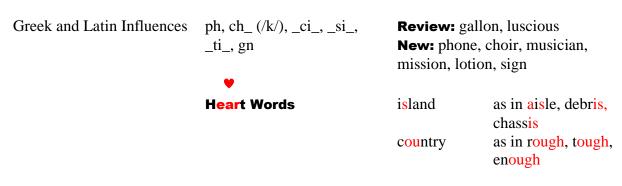
heart as in hearth, heartache,

hearten

Week 18 Sounds	Spellings	Blending Words	
Syllable Juncture	Schwa o, _io_, ou_	Review: sediment, justify New: occur, gallop, curious, precious, rigorous, enormous	
	Heart Words	str <mark>aigh</mark> t	as in straighten, straighter, Craig,
		great	as in steak, break, breaker

Sam and Friends Book #52

The "ion" Spelling Rule: Spell "sion" for the final /zyun/ sound (illusion) or the final /shun/ sound if after an "l" or "s" (expulsion, compassion). Spell "cian" for a person (musician) and "tion" (condition) in most all other cases. **Play The "ion" Spelling Rule**



Week 18 Sounds

Spellings

Blending Words

The Ending "an" or "en" Spelling Rule: End a word with "ance", "ancy", or "ant" if the root before has a hard /c/ or /g/ sound (vacancy, arrogance) or if the root ends with "ear" or "ure" (clearance, insurance). End a word with "ence", "ency", or "ent" if the root before has a soft /c/ or /g/ sound (magnificent, emergency), after "id" (residence), or if the root ends with "ere" (reverence). Play The Ending "an" or "en" Spelling Rule

Consonant-Final *e* Exceptions

_/z/e, _arge, _ate, _ile, ite, _ce, _se, _ve, y_e



Review: graph, chorus **New:** please, large, fortunate,
missile, infinite, choice, house,
shove, type

touch as in rough, tough,

Doug

cough as in thought, sought,

brought